



Debbie Woodruff

Debbie writes Coach Debbie Runs to share her life as a running coach and athlete, hoping to inspire readers with her thoughts, humor, and experiences. You will find training programs from 5k to marathons, challenging workouts, plant based recipes, and a dose of the reality of living a fit healthy life. Debbie is available for product reviews, giveaways, and sponsored posts.

In addition to frequent updates on Coach Debbie Runs, she runs the social media blog Media Fitness Coach. Debbie can be found on most social media outlets including:



Blog Stats*

Pageviews: 16,500

Unique Visitors: 12,750

RRS: 600

Services

Product Reviews

Brand Ambassadorships

Representation at Events

Affiliate Advertising

Sponsored Posts

Social Media Promotions

Freelance Writing

Social Media Management

Social Media Stats*

Twitter: 5,200

Facebook 1,100

Pinterest: 1,200

Instagram: 1,550

Affiliations

FitFluential Ambassador

RRCA Certified Running Coach

IDEA Inspired Advisor

Sweat Pink Ambassador

Girls Gone Sporty

Aerobics & Fitness Association of
America Personal Trainer

**Effective August 2015*